FAMILY RUN Beach Cafe SINCF 2003 **ALL DAY BREAKFAST** No swaps on breakfast after 10.30, to speed up service **Standard Breakfast** Two bacon, two sausages, egg, beans, grilled tomato & fried bread or toast.

Big Breakfast Two bacon, two sausages, two eggs, black pudding, hash brown, beans, plum tomatoes & fried bread or toast. 10.95 6.25

Mini Breakfast Bacon, sausage, fried egg, beans, plum tomatoes & fried bread or toast.

Vegetarian Breakfast (*) Vegetarian burger or two vegetarian sausages, egg, beans, plum tomatoes, hash brown & fried bread or toast.

Vegetarian Mini Breakfast (*) Vegetarian sausage, egg, beans, plum tomatoes, hash brown & fried bread or toast. 6.25

Scrambled or Poached Egg & Smoked Salmon	
Served with white or wholemeal toast & a salad garnish.	

Grilled Manx Kippers Served with wholemeal bread. 8.50 Egg on Toast Fried, scrambled or poached egg. 5.25 Bacon, Sausage or Fried Egg Barm 5.25 5.25 **Beans on Toast** 2.25 **Toasted Teacake Toast** White, wholemeal or gluten free. 1.10

EXTRAS

Portion of Chips	3.50	Beans	1.00
Mushy Peas	1.00	Gravy	1.00

BURGERS

BUKGEKS	
Premium 100% Ground Beefburger On a barmcake with lettuce & tomato, served with chips or salad & garlic mayonnaise.	9.95 d cheese 0.60
Plant Based Burger On a barmcake with lettuce & tomato, served wit seasoned potato wedges & a salsa dip.	9.95 h
Grilled Chicken Burger On a barmcake with lettuce, tomato & a sweet pe & coriander salsa, served with chips or salad.	10.50 d cheese 0.60 epper
Grilled Chicken BLT Burger On a barmcake with bacon, lettuce, tomato & gar mayonnaise, served with chips or salad.	11.95 lic
TRADITIONAL FAVOURITES	
Hot Beef Barm, Fried Onions & Gravy Silverside of beef in a rich pan roast gravy with sauteed onions, served with chips or a dressed salad.	9.95
Omelette with chips or salad garnish. Addition Fillings: cheese, ham, bacon, peppers, tuna.	9.50 nal filling 1.75
	filling 7.50 al filling 1.25
	illing 7.25 al filling 0.95
Panang Curry (vegen) (Extension) served with basamati rice.	9.95
Chilli Homemade beef chilli, with rice or chips & cheese nachos.	9.50
Chilli Nachos Homemade beef chilli, served on a bed of nachos, glazed with cheese.	8.95
Bacon, Egg & Chips	7.25
Sausage, Egg & Chips	7.25
Double Egg & Chips	5.95
Popcorn Chicken & Chips (adult)	8.50
Chicken Nuggets & Chips (adult)	8.50
Chip Barm	4.50
Sandwiches White or wholemeal bread, with a salad garnish. Fillings: Ham, cheese, beef, tuna mayonnaise & prawn (£1.50 extra)	6.25

SALADS

Prawn Salad Chilled prawns with mixe tomatoes, cucumber, red a lemon, marie rose or sy	l onions & peppei	's with	10.50
Feta Cheese & Walnut Feta cheese, mixed baby tomatoes, cucumber, per olives, walnuts & a lemor	leaves, cherry opers, red onions,		10.50
Traditional Salads Ham, grated cheese or tu with mixed baby leaves, cucumber , red onions &	cherry tomatoes,	alad	9.95
FISH & SEAFOOD			
Fresh Haddock Battered or grilled, served new potatoes & mushy po			11.50
Lightly Spiced Haddoc Grilled with butter, lemon served with chips or new	n juice & chilli flake		11.50
Scampi Breaded wholetail scamp new potatoes & a salad g			11.95
Fish Finger Goujon Ban Sizzling hot breaded fish t with rocket salad, with a n	fingers served on	a barmca de.	7.95 ke
Fish Finger Goujon & C Sizzling hot fish fingers, so			9.95
Smoked Haddock, Mor Spring Onion Fishcake With a dressed salad, chip own tartare sauce.	s	s & chefs	10.50
Salt & Pepper Squid Tender squid chunks, witi coating, served with a len tomato mayonnaise, mixe	non & and sundrie	d	10.50
CHILDRENS MENU		All 5.50	
All served with chips, rice, salad. Add beans or mush			
Popcorn Chicken	Sausage		
Chicken Nuggets Fish Finger Goujons	Vegetarian Saus	age (*)	

See hot drinks menu inside the cafe. Also, see display fridges for chilled drinks, snacks & cakes.

*cooked in same oil as standard breakfasts

8.95

8.95

10.50

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